



EDUCATE  
YOURSELF:

176

RESOURCES

TO UNDERSTAND INSTITUTIONALIZED  
RACISM + HOW TAKE PERSONAL ACTION  
TO BE A BETTER ALLY, ACTIVELY  
ANTI-RACIST & IMPACT CHANGE

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This guide was compiled with resources I've personally used to educate myself in racism and allyship. I've also included resources from other excellent compilations found online.

This is by no means an exhaustive list (there are so many more resources out there that I don't know about or that are being added to the web every day) but it's a really good start! ☺ If you have recommendations for resources to add to this list, shoot me an email at [sayhi@themindfulmaverick.com](mailto:sayhi@themindfulmaverick.com).

And please share this guide with your friends, family and network. It's not enough to "not be racist", we must be anti-racist & back it up with ACTION. Now is the time for action.

#### **PODCASTS:**

1. [Seeing White by Scene On Radio](#)
2. [1619 \(New York Times\)](#)
3. [Parenting Forward podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt'](#)
4. [Fare of the Free Child podcast](#)
5. [Integrated Schools podcast episode "Raising White Kids with Jennifer Harvey"](#)
6. [About Race](#)
7. [Code Switch \(NPR\)](#)
8. [Intersectionality Matters! hosted by Kimberlé Crenshaw](#)
9. [Momentum: A Race Forward Podcast](#)
10. [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)
11. [Pod Save the People \(Crooked Media\)](#)

#### **COURSES:**

1. Dr. Tee William's [Foundations in Social Justice](#) for yourself and your business. Dr. Tee teaches social justice from a liberation perspective. I've learned so much about how to conduct my business and life more inclusively and how to be actively anti-racist.
2. [WHITE PRIVILEGE & ANTI-RACIST WORKSHOP FOR TEENS & FAMILIES](#)



## **FB GROUPS:**

Social Justice/Anti-racism Education & Support Groups

1. [Beyond Guilt, Beyond Shame, White People Processing Racism](#)
2. [Everyday Action with Dr. Tee](#)
3. [Support for Black-Jewish Individuals & Families](#)

Parenting Groups

1. [Embrace Race](#)
2. [Raising Race Conscious Children](#)

Inclusive Business Groups

1. [Massive Brand Incubator](#)
2. [Entrepreneur Women Unified](#)
3. [Track To Success - Building Your Online Service Based Business](#)

## **BOOKS:**

1. [White Fragility](#)
2. [So You Want to Talk About Race](#)
3. [A Black Women's History of the United States](#)
4. [Anxious to Talk About It: Helping White Christians Talk About Race Faithfully](#)
5. [Eloquent Rage](#)
6. [Why are All the Black Kids Sitting Together in the Cafeteria](#)
7. [Why I No Longer Talk to White People About Race](#)
8. [The Color of Law](#)
9. [Well-read Black Girl](#)
10. [Blackballed – The Black & White Politics of Race on America's Campuses](#)
11. [How to be an Anti-Racist](#)
12. [When They Call You a Terrorist: A Black Lives Matter Memoir](#)
13. [Dying of Whiteness](#)
14. [The New Jim Crow](#)
15. [Black Feminist Thought](#)
16. [Check Your Privilege](#)
17. [Stamped: Racism, Antiracism, and You](#)
18. [The Warmth of Other Suns](#)
19. [New York Times Anti-Racist Book List by Ibram X. Kendi](#)
20. [Reproductive Injustice](#)
21. [I Know Why The Caged Bird Sings](#)
22. [Between The World & Me](#)
23. [The Fire This Time: A generation speaks out about race](#)
24. [White Rage](#)

25. [Yellow](#)

**BLOGS/ARTICLES:**

1. [How to Protest Safely](#)
2. [What is White Privilege, really?](#)
3. [Addressing Diversity in Your Business](#)
4. [5 Racist Anti-Racism Responses “Good” White Women Give to Viral Posts](#)
5. [Performative Allyship is Deadly](#)
6. [Reckoning with White Supremacy](#)
7. [Who Gets to Be Afraid in America?](#)
8. [7 Difficult Questions About Racism](#)
9. [Hands on the Freedom Plow](#)
10. [PBS’s Teaching Your Child About Black History Month](#)
11. [Answering White People’s Most Commonly Asked Questions About The Black Lives Matter Movement](#)
12. [Your Kids Aren’t Too Young to Talk About Race: Resource Roundup from Pretty Good](#)
13. [What White People Can Do for Racial Justice](#)
14. [White Privilege: Unpacking the Invisible Knapsack](#)
15. [5 Ways White People Can Take Action in Response to White & State Sanctioned Violence](#)
16. [The Intersectionality Wars](#)

**More anti-racism resources to check out:** (list credit - [Sarah Sophie Flicker, Alyssa Klein](#))

1. [75 Things White People Can Do for Racial Justice](#)
2. [Anti-Racism Project](#)
3. [Jenna Arnold’s resources \(books and people to follow\)](#)
4. [Rachel Ricketts’ anti-racism resources](#)
5. [Resources for White People to Learn and Talk About Race and Racism](#)
6. [Save the Tears: White Woman’s Guide by Tatiana Mac](#)
7. [Showing Up For Racial Justice’s educational toolkits](#)
8. [The \[White\] Shift on Instagram](#)
9. [“Why is this happening?” — an introduction to police brutality from 100 Year Hoodie](#)
10. [Zinn Education Project’s teaching materials](#)

**VIDEOS:**

1. [Black Feminism & the Movement for Black Lives](#)

2. [Uncomfortable Conversations with a Black Man](#)

### **RESOURCES FOR CHILDREN:**

Books (many of these recommendations came from [Adyn's Books](#))

1. [All Are Welcome](#)
2. [Kid Activists](#)
3. [Skin Again](#)
4. [Malcolm Little: The Boy Who Grew Up to Become Malcolm X](#)
5. [All American Boys](#)
6. [Sit-In: How Four Friends Stood Up](#)
7. [Amazing Grace](#)
8. [Between The World & Me](#)
9. [Let's Talk About Race](#)
10. [Crown: An Ode to the Fresh Cut](#)
11. [The Stars & The Blackness Between Them](#)
12. [Piecing Me Together](#)
13. [Henry's Freedom Box: A True Story From The Underground Railroad](#)
14. [Separate is Never Equal](#)
15. [Let the Children March](#)
16. [Little Leaders: Bold Women in Black History](#)
17. [A Kid's Book About Racism](#)
18. [Books to Spark Conversations About Race](#)
19. [31 Children's Books to Support Conversations about Race](#)
20. [Coretta Scott King Book Award Winners: books for children and young adults](#)
21. [Read Brightly List of Books about Race](#)

### Articles

1. [Anti-Racism For Kids 101: Starting To Talk About Race](#)
2. [Racism & Violence: How to Help Children Handle the News](#)
3. [A White Family's Guide For Talking About Racism](#)
4. [Talking Race with Young Children](#)
5. ['Nailed It' Host Shares How To Talk To Kids About #BlackLivesMatter](#)
6. [What to say and read to your children right now](#)

### Videos



1. [How to talk to kids about race](#)
2. [Let's Talk about Race](#)
3. [Something Happened in our Town](#)
4. [Say Something](#)
5. [Talking to your children about racism](#)
6. [I am enough.](#)
7. [We March](#)
8. [Sulwe](#)

### **ORGANIZATIONS TO JOIN & DONATE TO:**

1. [Black Lives Matter](#)
2. [Anti-racist Club](#)
3. [A New Way of Life](#)
4. [Showing up For Racial Justice \(SURJ\)](#)
5. [National Council for Incarcerated and Formerly Incarcerated Women and Girls](#)
6. [#8 Can't Wait](#)
7. [NAACP](#)
8. [Fight for Breonna](#)
9. [Southern Poverty Law Center](#)
10. [United Negro College Fund](#)
11. [Grassroots Law](#)
12. [Black Youth Project 100](#)
13. [Color of Change](#)
14. [The Sentencing Project](#)
15. [Families against Mandatory Minimums](#)
16. [Dream Defenders](#)

### **BLACK-OWNED BUSINESSES TO SUPPORT**

1. [InclusivePay](#)
2. [Young, Black & Lit](#)
3. [Nourished Motherhood](#)
4. [Annick Ina - Book Doula](#)
5. [Hello 7](#)
6. [Jocelyn J. Kopac](#)
7. [Alyssa Hall: Coach For Moms](#)



8. [One Caffeinated Mom](#)
9. [Black-owned Restaurants](#)
10. [Black Business](#)
11. [The Black Mall](#)
12. [Blax](#)
13. [Black Owned Brooklyn](#)
14. [Bay Area Black-owned Businesses](#)
15. [Black-owned Bookstores](#)
16. [Black Coffee w/White Friends](#)
17. [Go-fund Me: Black-owned Businesses](#)
18. [Support Black Owned](#)

**Films and TV series to watch** (list credit - [Sarah Sophie Flicker, Alyssa Klein](#))

1. 13th (Ava DuVernay) — Netflix
2. American Son (Kenny Leon) — Netflix
3. Black Power Mixtape: 1967-1975 — Available to rent
4. Blindspotting (Carlos López Estrada) — Hulu with Cinemax or available to rent
5. Clemency (Chinonye Chukwu) — Available to rent
6. Dear White People (Justin Simien) — Netflix
7. Fruitvale Station (Ryan Coogler) — Available to rent
8. I Am Not Your Negro (James Baldwin doc) — Available to rent or on Kanopy
9. If Beale Street Could Talk (Barry Jenkins) — Hulu
10. Just Mercy (Destin Daniel Cretton) — Available to rent for free in June in the U.S.
11. King In The Wilderness — HBO
12. See You Yesterday (Stefon Bristol) — Netflix
13. Selma (Ava DuVernay) — Available to rent
14. The Black Panthers: Vanguard of the Revolution — Available to rent
15. The Hate U Give (George Tillman Jr.) — Hulu with Cinemax
16. When They See Us (Ava DuVernay) — Netflix

**Organizations to follow on social media** (list credit - [Sarah Sophie Flicker, Alyssa Klein](#))

1. Antiracism Center: [Twitter](#)
2. Audre Lorde Project: [Twitter](#) | [Instagram](#) | [Facebook](#)
3. Black Women's Blueprint: [Twitter](#) | [Instagram](#) | [Facebook](#)
4. Color Of Change: [Twitter](#) | [Instagram](#) | [Facebook](#)
5. Colorlines: [Twitter](#) | [Instagram](#) | [Facebook](#)



6. The Conscious Kid: [Twitter](#) | [Instagram](#) | [Facebook](#)
7. Equal Justice Initiative (EJI): [Twitter](#) | [Instagram](#) | [Facebook](#)
8. Families Belong Together: [Twitter](#) | [Instagram](#) | [Facebook](#)
9. The Leadership Conference on Civil & Human Rights: [Twitter](#) | [Instagram](#) | [Facebook](#)
10. MPowerChange: [Twitter](#) | [Instagram](#) | [Facebook](#)
11. Muslim Girl: [Twitter](#) | [Instagram](#) | [Facebook](#)
12. NAACP: [Twitter](#) | [Instagram](#) | [Facebook](#)
13. National Domestic Workers Alliance: [Twitter](#) | [Instagram](#) | [Facebook](#)
14. RAICES: [Twitter](#) | [Instagram](#) | [Facebook](#)
15. Showing Up for Racial Justice (SURJ): [Twitter](#) | [Instagram](#) | [Facebook](#)
16. SisterSong: [Twitter](#) | [Instagram](#) | [Facebook](#)
17. United We Dream: [Twitter](#) | [Instagram](#) | [Facebook](#)